

COWBOY UP

CHRIS LEDOUX

Adv Level Line
Country – Moderate Speed

Music: Chris LeDoux
CD – “After the Storm”

Choreo: Barb Guenette, CCI, 2255 Bluejay Way, Nanaimo, BC, V9X 1G7 (250)722-2953 bguenette@shaw.ca

Wait 8 Beats Left Foot Lead Sequence: A-B-BR-A-B-C-B-1/2B-END

PART A(34 beats)

1 Horsey

	(xb)	(xb)	(xb)	(xb)	(f)	(f)	
L	Ds	ToBa	ToBa	ToBa	ToBa	T(tch) St	T(tch) Lift
R	R	R	R	R	DtBa	DtBa	Sl
	&1&	@2	& @3	& @4	& @5	e&@ 6	& @7 & 8

2 Kenny Toes (1/2 L)

L	Ds	hit To	(1/4 L)To	R	Sk	hit H	To
R	Sk	hit H	To	S	hit To	To	
	&1 e	&	@ 2	& 3	e	&	@ 4

REPEAT ALL THE ABOVE TO FACE FRONT

2 Runs

PART B(36 beats)

1 Fastball Rhythm

L	St	Ba	St	Ba	St	Hop	Hop	Dt	T(tch)
R	DtBa	Ba	DtBa	Ba	Dt	Dt	T Ba	Hop	
	(b)	(f)	(b)	(f)	(f)	(os)	(b)		
	1 e&@	2 &	3 e&@	4 &	5 e&@	6e &	@7 e&	@ 8	

1 Syncopated Canadian

L	Ds	Ba	Hop	Ba	(xf) DtBa	Dt	DtBa	Ba	Hop
R	DtBa	Dt	DtBa	Ba	Ba	Hop	Ba	DtBa	T(tch)
	(xf)								
	&1 e&@	2 e&	@ 3e&	@ 4	e&@ 5	e&@ 6e&	@ 7 e&	@ 8	

1 Fastball Rhythm(Rt)

1 Basic

1 Sweat Step

L	Ds	HS	HS	(p) Ba	(b) ToBa	(b) ToBa	H	Lift
R	H(w)	R	StaSto(p)	ToBa	ToBa	ToBa	Ba	Sl
				(b)	(b)			
	&1 &	@2 &	@3 &	4	5 e&	@6 e&	@7 &	8

2 Runs

BREAK(8 beats)

1 Wynonna

L	Ds	HBa	Hop	Hop	H H(w)	(b) Br	St	Bo	Bo	Dt	Sta
R	ToBa	Sk	Sk	ToBa	ToBa	Kick	Kick	DtS	Hop		
	(b)	(xf)	(x)			(xf)	(x)				
	&1e&	@2	@ &	@ 3	e&	@ 4 e&	@ 5	&	6	e&@7&	8

REPEAT: ALL PART A – Horsey, 2 Kenny Toes ½ L, Horsey, 2 Kenny Toes ½ L, 2 Runs

REPEAT: ALL PART B – Fastball Rhythm, Syncopated Canadian, Fastball Rhythm, Basic, Sweat Step, 2 Runs

PART C(18 beats)

2 Skuffy Clog-over Vines
(left & right)

L	Ds	Hop	(b) ToBa	Sk	Slap St	HS	Hop	(b) ToBa	Jp	Hop
R	Sk	Slap S	H St	Hop	ToBa	Sk	Slap St	H Ba	Dt	
					(b)					
	&1 e	&	@ 2 e&	@ 3 e &	@ 4 e&	@5e	&	@ 6 e &	@ 7 e	<u>&@8</u>

2 Runs

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REPEAT: ALL PART B – Fastball Rhythm, Syncopated Canadian, Fastball Rhythm, Basic, Sweat Step, 2 Runs

½ PART B(10 beats)

1 Sweat Step

2 Runs

END: (4 beats)

1 Chaplin

L	DtBa	(b)	H Ba	St
R	H Ba	H Sn	Slur St	(fwd)
& 1	e&	@ 2	&	3 & 4

ABBREVIATIONS USED:

Ds	double toe step	xf	cross in front
ToBa	toe ball	xb	cross in back
H Ba	heel ball	b	back
R	rock	f	front
S	step	(p)	pause
T(tch)	toe touch		
Sl	slide		
Sk	skuff		
Dt	double toe		
Sta	stamp		
Sto	stomp		
H	heel		
H(w)	heel take weight		
Br	brush		
Bo	bounce		
Sn	snap		