

ALL WOUND UP

Chris LeDoux

Easy Intermediate Line Dance
Country – Moderate/Fast

Music: Chris LeDoux
CD: Horsepower

Choreo: Barb Guenette, CCI, 2255 Bluejay Way, Nanaimo, B.C. V9X 1G7, (250)722-2953 bguenette@shaw.ca

Wait 16 Beats Left Foot Lead Sequence: intro-A-B-*intro-*intro-A-B-Br-C-Br-A-B-1/2B-*intro-*intro

INTRO(16 beats)

1 Heel Pull Basic

L (p) H(w) Ds S
R (p) Slur S R
1 & 2 & 3 & 4

1 Fancy Double

L Ds R R
R Ds S S
&1 &2& 3 & 4

Repeat the above 8 beats opposite footwork

PART A(32 beats)

1 Long Skuff It

L Ds H Skuff Sta Sto S H
R Skuff Sta Sto H R Skuff Sta Sto
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

1 Pushoff (1/2 L)

L Ds S S S
R R R R
&1 & 2 & 3 & 4

1 Triple

L Ds R
R Ds Ds S
&1 &2 &3 & 4

Repeat the above 16 beats same footwork, to face front

PART B(32 beats)

1 Crossover Step

L Ds H H (p)
R Dt(xif) Dt(ux) (p) S
&1 & 2 & 3 4

1 Rock Double (1/2 R)

L R Ds R
R S(1/2 R) Ds S
& 1 &2 &3 & 4

Repeat the above 8 beats same footwork, then do:

2 Basics

L Ds S R
R R Ds S
&1 & 2 &3 & 4

1 Slur Rock Slur

L Ds R Slur S(xib)
R Slur S(xib) H
&1 & 2 & 3 & 4

1 Pushoff (full turn R)

L Ds S S S
R R R R
&1 & 2 & 3 & 4

2 Basics

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REPEAT INTRO: heel slur basic, fancy double, heel slur basic, fancy double

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REPEAT ALL PART A: long skuff it, push ½ left, triple, long skuff it, push ½ left, triple

REPEAT ALL PART B: crossover step, rock double ½ R, crossover step, rock double ½ R, 2 basics, slur rock slur, Push full right, 2 basics

BREAK(8 beats)

1 Samantha

<u>L</u>	<u>Ds</u>		<u>S(b)</u>	<u>Dr</u>	<u>R</u>	<u>Ds</u>	<u>R</u>
R	Ds(xif)	Dr		S(b)	S	Ds	S
&1 &2	& 3	&	4	& 5	&6&7	& 8	

PART C(32 beats)

1 Rooster Run

<u>L</u>	<u>Ds</u>		<u>R</u>	<u>R</u>
R	Ds(xif)	S(xib)	S(xif)	
&1 &2	& 3	&	4	

1 Pushoff (L)

1 Charleston Brush

<u>L</u>	<u>Ds</u>		<u>H</u>	<u>H</u>	<u>H</u>
R	T(tch)(f)	T(tch)(b)	Br		
&1 &	2 &	3 &	4		

1 Triple

Repeat the above 16 beats opposite footwork

REPEAT BREAK: Samantha

REPEAT ALL PART A: long skuff it, push ½ left, triple, long skuff it, push ½ left, triple

REPEAT ALL PART B: crossover step, rk double ½ R, crossover step, rk double ½ R, 2 basics, slur rk slur, push full R, 2 basics

BREAK 2(16 beats)

2 triples

1 slur rock slur

1 Pushoff (full turn R)

REPEAT INTRO: heel pull basic, fancy double, heel pull basic, fancy double

REPEAT ¾ INTRO: heel pull basic, fancy double, heel pull basic, STEP(L)

Abbreviations used:

H(w)	heel (take weight)	xif	cross in front
S	step	xib	cross in back
Ds	double toe step	f	in front
R	rock	b	in back
H	heel click	ots	out to the side
Sta	stamp	(p)	pause
Sto	stomp	ux	un cross
Dt	double toe	br	brush
T	toe	Dr	drag
Tch	touch		

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